The word root for the week is **PED, POD**, which means **"foot"**

1. **centipede** (n.)
   - a long, flattened insect with poison fangs and many legs
   - related forms: NA
   - [centi- = hundred: in this case, it just means many]

   *Using crutches made me feel like a clumsy centipede.*

2. **pedestrian** (adj.)
   - commonplace or unimaginative; can refer to walking
   - related forms: pedestrian (n.)
   - [-ian = adj. suffix, or one who]

   *Besides being awkward, crutches make pedestrian travel so slow!*

3. **expedite** (v.)
   - to speed up the process or progress of something
   - related forms: expeditious (adj.), expediently (adv.), expedition (n.)
   - [ex- = out, from; -ite = quality of]

   *To expedite my movement, I rented an electric wheelchair instead.*

4. **impediment** (n.)
   - something that interferes or slows the progress of something; an obstacle
   - related forms: impede (v.)
   - [im- = in; -ment = state or result of]

   *All the people on the sidewalk were a huge impediment to motorized travel.*

5. **podiatrist** (n.)
   - one who medically cares for and treats human feet; foot specialist
   - related forms: podiatry (n.), podiatric (adj.)
   - [-iatrist = one who heals]

   *I couldn't wait to return to my podiatrist and have her recheck my ingrown toenail.*